

The Lakeland Climbing Centre - Risk Assessment (SPREAD OF COVID-19)		Page 1 of 9
Risk Assessment For	PRESTON WALL	Notes: Review weekly – republish with highlights to all staff and website if changes made Contact Transmission – touching of a contaminated surface then eyes/nose/mouth. Hygiene, minimal contact, PPE Aerosol Transmission – droplets or droplet nuclei in air. Social Spacing and good ventilation reduces risk Risk of contracting COVID depends on loading and duration, 2m+ safer than <2m First line of defence= limit possibility of infected person visiting site.
Assessor	Stacey Royales	
Assessment Date	22/08/2021	
Review Date	10/10/2021	

Ref	Hazard	Who	Existing Precautions	Additional Controls (If needed)	Additional Controls Actioned (Date)
	Spread of COVID-19 Coronavirus	All Persons on site: Staff Customers Spectators Contractors	<p><u>Wellness self-checks – preventing symptomatic persons visiting site.</u></p> <p>Staff – asked not to come to work if any doubt regarding possible personal COVID-19 symptoms (refer to current COVID check list of symptoms). Must not visit site until a negative PCR test result has been received, or 10 days following development of symptoms.</p> <p>Customers – all marketing and public information to highlight the importance of not visiting if unwell (refer to current COVID check list of symptoms), to observe Government guidelines on self-isolation.</p> <p>Contractors – ensure contractors have appropriate COVID-secure risk assessments and work practices to ensure same standard as our staff for not working if symptomatic, self-isolating etc.</p> <p>Display the NHS Test and Trace QR Code posters, along with information explaining we have a Check In and Out system, so the QR code is in addition to this.</p>	<p>Staff asked to check temperature of themselves or colleagues if anyone looks or feels unwell whilst at work – isolate/leave site immediately if temperature is above 37.8C, Immediate clean of areas potentially contaminated and most importantly, thorough flush through ventilation – all doors and windows fully open for at least an hour.</p> <p>Customers and Contractors should be temperature checked at Reception if staff have any doubt regarding someone's wellness to be on site.</p> <p>Visitors for instruction, spectators etc present much higher risk of arriving on site with symptomatic COVID-19 (as not planning to exercise) and should be discouraged from being on site if not required from a safeguarding point of view.</p>	

	<p>Spread of COVID-19 Coronavirus</p>	<p>All Persons on site: Staff Customers Spectators Contractors</p>	<p><u>Reduce vulnerability to Covid</u></p> <p>Staff – encouraged and supported to take Covid vaccination opportunity when offered.</p> <p>Others – positive messages promoted on website and in social media about vaccination benefits.</p> <p><u>Reduce risk of asymptomatic staff visitingsite.</u></p> <p>Lateral Flow Tests for all staff. Report all results via NHS site and contact line manager or Centre Manager immediately if positive test.</p> <p>If close contact with infected person, self-isolate as per Government rules.</p> <p>Double vaccinated (after 2 weeks) and under-18 staff can continue to work but must socially distance from colleagues and customers as much as possible, plus daily LFT and an additional PCR at appropriate time.</p> <p>Phone line manager or Centre Manager immediately to discuss risk if in any doubt.</p>	<p>Record staff vaccination status to further support the message</p> <p>Full time staff to be given training and asked to complete 3 tests a week. Low hours staff asked to complete 2 tests a week. Positive test means self-isolation at home for 10 days. Staff cannot return without a negative test.</p> <p>Draw up rules for exempt self-isolators for expected behaviour on site/working from home opportunities</p>	
--	---------------------------------------	--	---	--	--

			<p>The following sections on Hand Hygiene and Cleaning have been down-graded since 2020 as it has been recognised that fomite (contact) transmission is much lower risk than originally thought.</p> <p>We will continue to operate with higher levels of hygiene on site, but not carry out such regular wipe downs and will slowly phase out some of the sanitation stations around the Centre</p>	<p>To review:</p> <p>Periodicity of wipe-downs Location and number of sanitising stations Number and distribution of signage for Hand hygiene and Social spacing</p>	
Spread of COVID 19 Coronavirus	Contact transmission	<p>All Persons on site:</p> <p>Staff Customers Spectators Contractors</p>	<p><u>Hand Hygiene</u></p> <p>Sanitisers in all areas where hand washing not available i.e. at ENTRANCE/EXIT, in every climbing room, meeting room and office, at or near entrance to room.</p> <p>Staff encouraged to protect skin by applying emollient cream and report problems with skin allergies etc.</p> <p>Disposable gloves available at Reception, in first aid kits and with cleaning equipment, but good hand hygiene is preferable unless gloves needed to protect hands from chemicals or other contaminants.</p>	<p>Employees encouraged and reminded to wash hands for 20 seconds with water and soap and the importance of proper drying with disposable towels.</p> <p>Regular refill checks on all sanitiser dispensers. Some stations removed Sept – Nov 2021</p> <p>Also reminded to catch coughs and sneezes in tissues – Follow Catch it, Bin it, Kill it and to avoid touching face, eyes, nose or mouth with unclean hands. Tissues will be made available throughout the workplace.</p> <p>Posters in every climbing room reminding customers to use the sanitiser between climbs and to wash hands regularly.</p>	

	Contact Transmission	All Persons on site: Staff Customers Spectators Contractors	<p><u>Cleaning</u></p> <p>Regularly cleaning and disinfecting objects and surfaces that are touched frequently, particularly high use areas – door handles and push panels, handrails, counters, pdq machine. Use of appropriate cleaning product and methods. Staff encouraged to clean work area including desk surface, keyboards, computer mouse, telephones, pdq machine thoroughly at shift change.</p> <p>Reduce cleaning need by minimising cross over and contact points. Staff assigned workstation for shift. Doors wedged if not fire doors.</p>	<p>Schedule of cleaning should be recorded on prominently displayed clip board at reception – floorwalking frequency should be greater than ‘wipe and clean’ duty for the public areas.</p> <p>Trigger sprays and blue roll must be provided in any areas where regular wiping of equipment is required – reception area, shop area, office with bins for disposing of tissues and blue roll. Customers encouraged to wipe own tables etc and supplies should be available for public to use.</p>	
--	-------------------------	--	--	---	--

		Staff Customers	<p><u>Cleaning Hire Equipment</u></p> <p>Harnesses – quarantined 12 hours (not reused in sameday). Shoes – Put into the Klenz machine for at least 20mins Hardware – sprayed and wiped</p>		Top ropes used at customers risk – climbing area hand hygiene important.	
		All Persons on site: Staff Customers Spectators Contractors	<p><u>Cleaning following confirmed COVID contamination</u></p> <p>RGP check in system allows precise check of time of visit for track and trace if required. Customers warned that their registration data may be used for NHS Track and Trace (addition to Terms and Conditions) Centre Manager informed immediately of any Track and Tracerequests – prepare and deliver required records.</p> <p>Full usual Centre wipe down - wiping down all contactpoints using usual cleaning products. Staff to wear gloves, mask, disposable overalls. Overalls and disposable PPE to be double bagged and quarantined 48 hours before disposal in bins.</p> <p>VENTILATE climbing areas thoroughly for 1 hour from time of visit of infected person.</p>		CHECK AND FOLLOW LATEST gov.uk advice	Research of COVID longevity on holds and lack of risk from fomite (surface) transmission makes centre closure unnecessary. Ventilation is critical however. Consider asking customers and staff to vacate building whilst area is 'aired'

	Airborne transmission	Staff Customers Spectators	<p><u>Social Distancing – Customers</u></p> <p>Reducing the number of persons in any work area and in any public area to reduce transmission risks due to crowding in popular areas</p> <p>Customer numbers limited to the maximum capacity as calculated by following PHE guidance (1 person per 9m²) – not mandatory but still advisable.</p> <p>Maintain check-out system on ePOS linked to website to allow clear control of numbers on site.</p> <p>Each climbing room has capacity calculated as per guidance to allow social spacing. Number limit is displayed clearly at entrance to room. Customers self-manage limits. Staff to encourage but not enforce. Numbers reviewed upwards to reflect customer confidence and reduced risk to vaccinated persons.</p>	<p>Warn customers of maximum numbers and time limit on visits. Monitor use of booking system. All customers must have photos on record so they can be located if needed.</p> <p>Queueing system for entry – signage at Entrance, pinch points hatched out with tape to discourage crowding and queuing without spacing. Sanitiser on both sides of entrance for exit/entry system to stay separated.</p>	
	Airborne transmission	Staff	<p><u>Social Distancing – Staff</u></p> <p>Use of telephone and video meeting by managers/staff to reduce need for face-to-face meetings.</p> <p>Home working considered for managers when appropriate – but where managers can work alone in office on site this should be done to provide back up to desk staff.</p>		

	Airborne and contact transmission	Staff	<p><u>RPE and Screens</u></p> <p>Use of sneeze guard screens at all service points.</p> <p>Customers asked to use masks/face coverings in non- climbing areas. In particular we will ask customers to wear masks in the Reception and Shop area.</p> <p>Customers are encouraged to continue using their masks in the climbing areas, but this will not be enforced by staff.</p> <p>Staff wear masks, except when working alone or in pairs in Offices or route setting.</p> <p>Appropriate PPE for close interactions – masks, gloves and goggles available at all first aid points and in rescue bag.</p> <p>Staff reminded of importance of good hand hygiene when using masks</p>	<p>Social media & posters that request customers wear facecoverings in circulation areas Face coverings available to purchase at Reception –disposable mask, with a mountain rescue donation.</p> <p>Traffic light system for Staff use of face coverings: Green= single working. Face covering needed when in public areas. (IE not in office or behind reception screens.)</p> <p>Amber = double working, customer level on site >20<40 Staff must wear face covering when leaving reception/ office as per Green. If teammate requests, both staff mustwear face covering even in office or reception. Good ventilation must be in place if masks not worn in office/behind reception screens.</p> <p>Red = >3 staff on shift accessing Reception area, Staff must wear face covering both behind the reception screens/ office and in public areas.</p>	
--	-----------------------------------	-------	--	--	--

	Airborne transmission	<p>All Persons on site:</p> <p>Staff Customers Spectators Contractors</p>	<p><u>Ventilation</u></p> <p>Manage air flow and increase ventilation in all areas.</p> <p>Open windows & Doors</p> <p>Opening external doors where no risk of casual unintended entry to hazardous climbing area or staffonly access area</p> <p>Security to be considered during open hours and shutdown procedure must ensure fans switched off and windows checked for security.</p>	<p>Open up includes opening all ventilation points, opening doors etc.</p>	
		<p>All Persons on site:</p> <p>Staff Customers Spectators Contractors</p>	<p><u>Noise reduction</u></p> <p>Music and site noise to be kept at low level to ensurecustomers can communicate without raising voice.</p> <p>Noisy customers encouraged to be quieter (instructed sessions, children under supervision etc)</p>		

	Contact Transmission	Staff	<p><u>Minimise cross handling - staff</u></p> <p>Restrict use of cash – Replace petty cash system with expenses system. Reduce frequency of shopping trips. No cash for customer sales - contactless, card, online only.</p> <p>Workstations assigned at start of shift Route setting kit assigned at start of shift – no sharing.</p> <p>Reduce paper forms (RGP ILP form, single sheet for supervising) and get all external groups to email completed docs before visit.</p> <p>File paperwork as per pre-covid procedures and observe good hand hygiene.</p> <p>Staff use of kitchen area: Microwave can be used but must be cleaned after every use.</p>	<p>Website, SM and newsletter to customers informing them of change to cashless payment systems,</p> <p>Email supervision forms to print off and scan and return. PROVIDE downloadable PDF on website</p> <p>Continue to add downloadable or digitally available forms to reduce time at desk. Do not need to worry about contact transmission.</p>	
	Contact Transmission	Customers Spectators	<p><u>Minimise cross handling – customers</u></p> <p>Registration cards for self check-in and -out</p> <p>Update scanners to multi directional</p> <p>Pay online or card at centre</p> <p>Limit equipment on site – come to Centre 'climb ready'</p>	<p>Remind customer to bring their cards</p>	

			<p><u>HIRE EQUIPMENT</u></p> <p>Encourage purchase of own equipment and limit hire</p>		
			<p>Equipment to that which can be cleaned or quarantined. Other hire equipment either sanitised (boots and hardware) or quarantined 12 hours minimum (harnesses and other PPE)</p> <p>Return bins for Harnesses, Hardware and Boots outside Reception</p>		